

DIGITAL FORMAT

November 2022

# CLUBLIFE

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PUMPKIN RUN

—  
ROCKING THE FAIRWAY

—  
PILATES FOR GOLFERS



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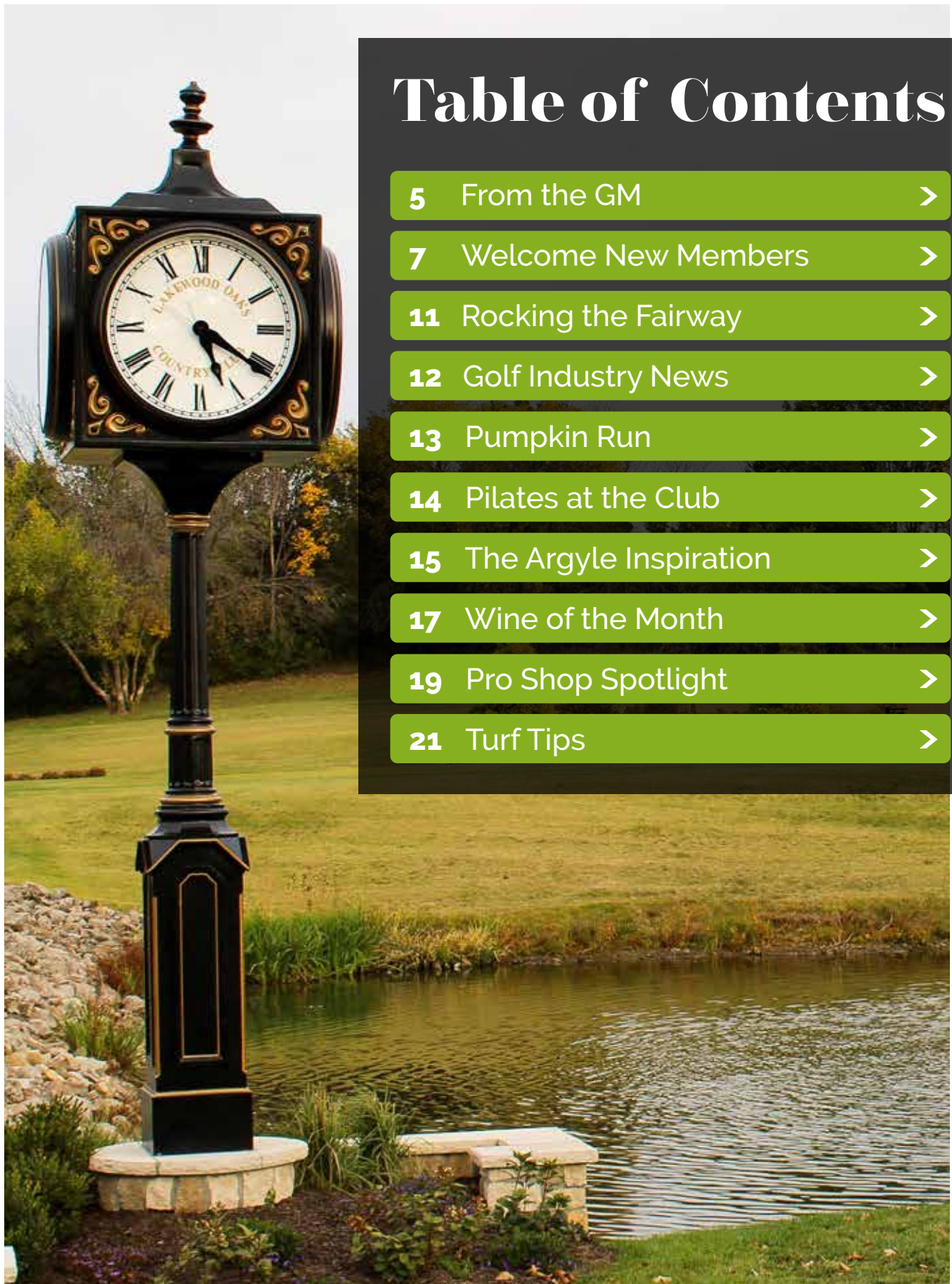


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# We made the move.

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I'm excited to share that we have made the move to Lakewood and loving our new home. We are just up the street from the clubhouse by Lakewood Oaks. We are with Keller Williams and would like the opportunity to share our knowledge and experience in our new community. We have chosen to align ourselves with the #1 tech-enabled real estate company in the United States in order to continue to deliver the absolute best service possible to you.

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QR Code James Montalvo



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## *From the General Manager*

MARK REID

Wishing you and your family a wonderful Thanksgiving holiday. We count our blessings with much appreciation for this year's fantastic golf season that has come to a close. It was amazing to see so many members come out and enjoy the season ending member appreciation "Rocking the Fairway". We truly hope we can build on this event in the years to come.

We will finish our budget approval process this month and I look forward to informing membership regarding our 2023 operations in the December ClubLife.



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## *Welcome New Golf Members*

KEM JACKSON,  
LOCC OFFICE MANAGER

**WELCOME NEW  
CLUB MEMBER!**

**Vito Pisciotta  
Bryan Applegate  
Chuck DiMarco**

We have some different options for our members to save 20% on their monthly dues with our Challenger and Champion programs. The Challenger program is available to members coming off a new member promotion and with a \$1,000 initiation fee will get 20% off dues only for 3 years. The Champion program is available for members paying full current rate dues and with a \$2,500 initiation fee will get 20% off dues only for 10 years. These options are not available to anyone on the Snow Bird dues plan or New Member Promotional Pricing.

For family memberships, if your spouse would like their own login to make tee times, please email me at [kem@logc.org](mailto:kem@logc.org) with their email and cell phone number and I will get them set up.

If you have any questions about your account, would like to sign up for automatic ACH payments on the 20th or would like your statement emailed instead of a paper copy, please email me.

Statements are emailed around the first day of the month. If you have not seen the email by the 5th, please check your spam folder and add [kem@logc.org](mailto:kem@logc.org) as a safe sender.



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# Lakewood Oaks Golf Shop

## HOLIDAY SALE

We are excited to bring back our holiday golf shop sale this year!

*Complimentary wine, cheese and snacks will be offered.*

Join us on Tuesday **December 6<sup>TH</sup>** from **4:00–8:00 PM** to peruse our selection of apparel, accessories and golf equipment at a great discount!

It is a great time to use up your credit book money to buy gifts for yourself, your loved ones and fellow golf members!





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# Rocking the Fairway

We hope you were able to join us for our first ever Rocking the Fairway! We enjoyed celebrating the end of the golf season with so many of our members, listening to live music provided by local musician Kalani. We wish everyone a Happy Thanksgiving, and can't wait to see you all on the course again.





# Golf Industry News


THE LATEST GOLF NEWS YOU MAY HAVE MISSED



## Our Favorite Golf Course Dogs

[READ FULL ARTICLE](#)

By Stephen Hennessey | October 22, 2019 *Copyright golfdigest.com*



## This 6,200-yard course — with 6 par-5s, 4s and 3s

[READ FULL ARTICLE](#)

By Nick Piastowski | October 20, 2022  
*Copyright golf.com*



## A Way To Safely Deter Canada Geese?

[READ FULL ARTICLE](#)

By Patrick O'Brien | June 15, 2018 | *Copyright usga.com*



# Pumpkin RUN



There's no better way to send out the Golf season than by holding a festive holiday scramble—members donned their best Halloween costumes for their last group game of the year. We are grateful for the season of play we had this year and to the WGA. Wishing you all a restful interim and can't wait for the next season!

# Pilates

## AT THE CLUBHOUSE

- *Pilates for Golfers* will be held **Mondays at 9:00 AM** in the Augusta room beginning **November 7th**. You'll need a yoga mat, heavy hand towel and water.

Pilates is a proven results-driven core strengthening discipline that with consistency, will greatly improve your core strength and posture. Pilates targets the smaller underlying muscles that support the larger muscles in a way no other practice does.

*Even if you aren't a golfer, you can come and Pilate with us—we will focus on the golfer swing areas but really every body at all levels will benefit and see positive results!*

Feel free to join Lakewood Pilates Club Facebook page, or reach out to me via phone, text or email: 816-305-0632 or [lakewoodpilatesclub3@gmail.com](mailto:lakewoodpilatesclub3@gmail.com).

images provided by rawpixel.com



# Argyle Inspiration

## NATIVE AMERICAN HERITAGE MONTH: INDIGENOUS INSPIRED CUISINE

This month we are excited to feature not just one dish, but an array of culturally significant ingredients—November celebrates Native American Heritage, and to honor the unique and perhaps unexpected components of Indigenous cuisine we will be featuring a “Chef’s Whim” special every day throughout November.

Native American Cuisine is obviously not one set list of ingredients; the Iroquois ate and prepared foods differently than the Diné, and as a result of colonization Indigenous cuisine changed across the board. Even still, there are a number of foods that are unequivocally Native American.

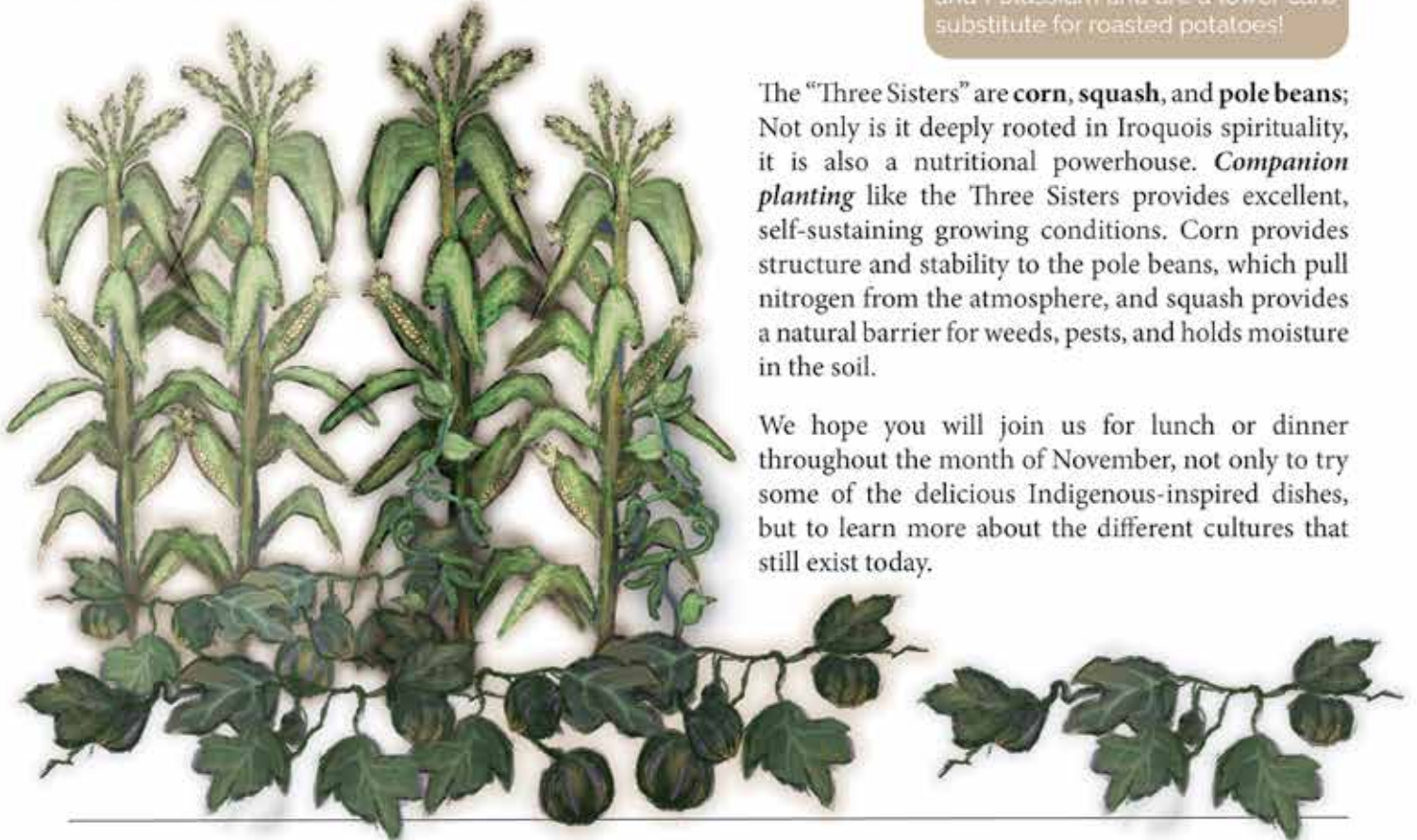
Squash, Corn, Wild Rice (called *Manoomin* by the Ojibwe), Tepary beans, and Salmon are just a few staples across Indigenous cuisine—and one many of us, Native or not, are familiar with are the “Three Sisters” group.



Winter squash are a great source of Beta Carotene (which in the body produces Vitamin A), Protein, Vitamin C, Vitamin B6, Fiber, Magnesium and Potassium and are a lower carb substitute for roasted potatoes!

The “Three Sisters” are **corn, squash, and pole beans**; Not only is it deeply rooted in Iroquois spirituality, it is also a nutritional powerhouse. *Companion planting* like the Three Sisters provides excellent, self-sustaining growing conditions. Corn provides structure and stability to the pole beans, which pull nitrogen from the atmosphere, and squash provides a natural barrier for weeds, pests, and holds moisture in the soil.

We hope you will join us for lunch or dinner throughout the month of November, not only to try some of the delicious Indigenous-inspired dishes, but to learn more about the different cultures that still exist today.







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## ABOUT US

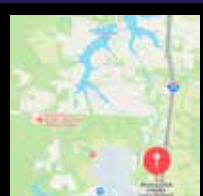
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# Wine of the Month

ERATH PINOT NOIR



From one of the oldest producers in the Oregon Dundee Hills, our wine of the month is the Erath Pinot Noir. Scrumptious flavors of cola, dark cherry, cassis, and a hint of mandarin orange make up this ruby colored wine. This pairs well a wide range of foods like grilled salmon, poultry, pork and red meats. Try it today at the Argyle!



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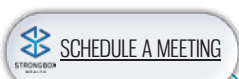
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# Pro Shop Spotlight

NEW PRODUCTS THIS MONTH:  
FALL GEAR FOR THE COURSE



## THERMO SERIES

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# Avenue of Life

We are thrilled to be featuring Avenue Of Life in this month's Community Minute. Their mission is to mobilize the community to equip and empower low-income individuals and families to be self-sustained and independent. In the first three years of the Impact KCK program, the number of homeless students in the school districts they work with dropped by half.

Watch our video to learn more about this great organization.



Scan the QR code to visit their website!



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## *Turf Tip*

STEVE GRIESINGER,  
GOLF COURSE SUPERINTENDENT

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# *Dormant Zoysia Grass*

As the weather begins to turn colder, the carts will be allowed off the paths (weather permitting), however, *please* keep the carts in the rough as much as possible, as the zoysia cannot handle cart traffic when it is dormant. We will remain with this program until the zoysia fairways begin turning back to their green color in the spring. At some point time in November we will install 2 pins on the greens to reduce wear and tear as the greens begin to freeze. The greens freeze sooner and easier than other turf areas due to the sand base and lower turf height. Please move the flags from one hole to the other as your groups or group plays throughout the winter. We will change the pins as weather permits during the winter months.

Happy Thanksgiving!

Hope to see you on the course!



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- Janna



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